



# Take charge of your kidney health with myDaVita

Get the support you need to help manage your kidney health — every day. Whether you are living with chronic kidney disease (CKD) or are on dialysis, myDaVita is here to help.



### Nutrition Tools

Cookbooks, kidney-friendly recipes, a meal planner, eating out guides and more



### Kidney Health Info

Steps to slow or manage kidney disease, educational videos and more



### Treatment Options

The kidney transplant process, dialysis options and conservative care



### Are you a DaVita patient?

At home or on the go, myDaVita puts your health tools within reach. Access your lab results, health records and more from your computer, tablet or smartphone.

## myDaVita Sign In

Username or Email Address

Username or Email Address

Password

Password

[Forgot your password?](#)

SIGN IN

## Not a myDaVita member?

Signing up is free, easy and secure.

Create an account and get instant access to:

- **Trusted kidney health tips.** Get expert tips to help you manage your kidney health.
- **Tools to live well.** Find resources for a kidney-friendly diet, treatment options and everyday life.
- **Personal health info.** See your personal health information and track your care. (For DaVita patients only.)

CREATE AN ACCOUNT



FIND A CENTER

### Education & Resources

- Kidney Health Education
- Diet and Nutrition
- Treatment Options
- Care Support
- Kidney Smart Classes
- Cookbooks
- Blogs
- Español

### Tools & Support

- Help Center
- Contact Us
- GFR Calculator

### About Us

- About
- Corporate Governance
- Careers
- Newsroom
- Investors
- Partners

### DaVita Businesses

- DaVita Integrated Kidney Care
- DaVita Venture Group
- DaVita Clinical Research
- DaVita Physician Solutions
- DaVita International